

## Leadership coaching

*the science & soul of leadership*

Leadership coaching is incorporated as part of the Service Spirit Senior and Mid Level Leadership Development Programs. These coaching dialogues are also available outside of programs on an as needs basis.

Coaching assists leaders to:

- Better understand themselves and others
- Value difference
- Practically apply the leadership program content
- Provide space and time to enable self-awareness and self reflection
- Challenge thinking
- Create new ways to solve problems
- Focus on changing behaviour to improve performance
- Unleash their own and others' potential
- Align their behaviours with the strategic direction of the organisation
- Reach their aspirations

Leadership Coaching is provided one on one and tailored to meet individual needs. This approach enables leaders to deal effectively with organisational dilemmas, remain congruent and engage in innovative thinking. In an environment of ever increasing change and complexity, leadership coaching provides the much needed space for reflection, strategising and focusing on what's important.

## what participants say

*"The insights that I received will make an enormous difference in many areas of my life. Little lights going off in the brain everywhere and I feel much better equipped to make the important decisions now."*

*"What I really got out of my coaching session was an understanding that it's not about changing who I am but working out ways to make who I am work more effectively for me."*